

## **MENU WEEK 1**

### **MONDAY**

Meat pie with roasted vegetables  
or  
Vegetarian cottage pie with roasted vegetables  
or  
Cheesy pasta bake  
or  
Selection of 3 sandwiches

### **TUESDAY**

Meat curry served with rice  
or  
Vegetarian bangers and mash  
or  
Pasta bake in a tomato sauce

or  
Selection of 3 sandwiches

### **WEDNESDAY**

Meat casserole

or

Vegetarian lasagne

or

Baked potato with filling

or

Selection of 3 sandwiches

### **THURSDAY**

Spaghetti bolognese

or

Cheese and onion pie

or

Cauliflower and broccoli potato bake

or

Selection of 3 sandwiches

### **FRIDAY**

Fish, chips and peas

or

Homemade vegetable burger

or



## **MENU WEEK 2**

### **MONDAY**

Lancashire Hotpot  
or  
Potato and vegetable cheesy bake  
or  
Pasta Bake in Tomato Sauce  
or  
Selection of 3 sandwiches

### **TUESDAY**

Chilli Con Carne  
or  
Vegetarian Lasagne  
or  
Baked potato with filling  
or  
Selection of 3 sandwiches

### **WEDNESDAY**

Bangers and mash  
or  
Vegetarian curry

or  
Cheese and bacon potato bake  
or  
Selection of 3 sandwiches

### **THURSDAY**

Meatballs in Tomato Sauce  
or  
Vegetarian toad in the hole  
or  
Baked potato with filling  
or  
Selection of 3 sandwiches

## **MENU WEEK 3**

### **MONDAY**

Cottage Pie  
or  
Sweet and Sour Vegetables  
or  
Cheesy Pasta Bake  
or  
Selection of 3 sandwiches

### **TUESDAY**

Sweet and sour chicken with noodles  
or  
Vegetarian toad in the hole  
or  
Cheesy Tuna and sweetcorn potato bake  
or  
Selection of 3 sandwiches

### **WEDNESDAY**

Meat Casserole  
or  
Vegetarian spaghetti bolognese  
or  
Baked Potato with filling  
or  
Selection of 3 sandwiches

### **THURSDAY**

Lasagne  
or  
Stuffed peppers  
or  
Potato Hash  
or  
Selection of 3 sandwiches

### **FRIDAY**

Fish, chips and peas  
or  
Cheese & onion pie chips and peas  
or  
Baked potato  
or  
Selection of 3 sandwiches

